



# Naphill Riding Club Newsletter



**Issue: April 2017**

Welcome to your Easter Newsletter, enclosed are details of upcoming events, news of teams, training, items for sale and wanted. For further details on events, or for time or date changes, please contact the organiser or check our website: [www.naphillridingclub.co.uk](http://www.naphillridingclub.co.uk)

## A Message from our Chairperson

Dear Members

I trust you are all enjoying the lovely Spring like weather we are having and the lighter evenings, making it much nicer for us equestrians to enjoy our sport. I would like to welcome all new members to the Club and hope that you find lots of events to attend or help at.

We are now fully in to the season with lots of BRC Area 6 team events taking place, please consider taking part in one of these as we love to see as many members as possible representing us. It really isn't as daunting as you might think and you will have lots of support on the day, not to mention Jenny Bowie's renowned cake.

We have lots of training on offer at the moment from cross country schooling to dressage to music, some of which is subsidised by the club to keep costs down as much as possible. We are very lucky to have the use of some fantastic facilities in the area and our thanks goes to all those who continue to allow us to use them – members and non-members alike.

Please continue to check our Facebook page and website for new training and events as things are being added on a regular basis. You will receive a regular event reminder and a bi monthly newsletter to keep you up to date with what is being organised by the Committee. If you have any suggestions for additional events that you would like us to consider running please contact a member of the Committee.

Kind regards and happy Easter

Martin – Club Chairman  
[www.naphillridingclub.co.uk/](http://www.naphillridingclub.co.uk/)



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## **2017 EVENTS CALENDAR**

These are the events we have planned for you currently. Details for most of them will be on the website [www.naphillridingclub.co.uk](http://www.naphillridingclub.co.uk). Those shown below with a \* have more details on pages 6-9 of this newsletter. More events, especially training, will be added during the year so please read the event reminders that will be circulated and keep an eye on the website and Facebook.

15 <sup>th</sup> April	Training – Flatwork with Clare Porz
18 <sup>th</sup> April	Training – Bella Tschaikovsky - Marsworth
22 <sup>nd</sup> April	Training - Dressage to Music with Clare Porz
23 <sup>rd</sup> April	Cross Country Training with Natalie Hudson – Snowball Farm*
29 <sup>th</sup> April	Liaison Trophy – BCA
4 <sup>th</sup> May	BRC Area 6 Confidence Building Training – Thame*
6 <sup>th</sup> May	Mini Bus Trip to Badminton Horse Trials Cross Country Day*
7 <sup>th</sup> May	Bluebell Charity Trail Ride – Ewelme*
12-14 <sup>th</sup> May	Milton Keynes Camp – Milton Keynes Eventing Centre
14 <sup>th</sup> May	Summer Style & Show Jumping – Wheatlands
14 <sup>th</sup> May	Training – Liz Neale – venue TBC*
28 <sup>th</sup> May	BRC Area 6 Horse Trials – Snowball
11 <sup>th</sup> June	BRC Area 6 Summer Dressage Qualifier – Hambledon
18 <sup>th</sup> June	BRC Area 6 Dressage to Music Qualifier - BCA
14 <sup>th</sup> –18 <sup>th</sup> July	Morton Morrell Camp
30 <sup>th</sup> July	NRC Open Showing Show & Dog Show – West Wycombe Estate*
10 <sup>th</sup> Sept	Members Showing, Dressage Series 3 & SJ Show – Widmer EC

AS WITH ALL EVENTS, PLEASE CHECK THE WEBSITE [www.naphillridingclub.co.uk](http://www.naphillridingclub.co.uk) FOR FULL DETAILS.

### **About Our events:**

- In the event of bad weather please contact the organiser before setting out.
- Further details of all Naphill Riding Club events can be found on our website: [www.naphillridingclub.co.uk](http://www.naphillridingclub.co.uk).
- Unless otherwise stated, events are for members only.
- Where booking slips are enclosed for events, please return with the correct fee (cheques made payable to Naphill Riding Club) by the closing date.
- When making payments by bank transfer please ensure you use the code specified in the event details to enable us to locate your payment easily.
- If you wish to confirm that you have secured a place on an event, please telephone the organiser.
- If any of our members have any ideas of any events they would like to see in our fixtures or that they would like to run and offer to our members, please speak to one of the committee. Full details of all our committee members can be found on our website: <http://www.naphillridingclub.co.uk> .



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## MEMBERSHIP

We currently have 122 members which is a very healthy number. If you have any friends or family that wish to join our very friendly club, the membership form can be found on our website: <http://www.naphillridingclub.co.uk>.

## THE COMMITTEE

**President:** Pam Wevill (07541 318347 / [pamwev@yahoo.co.uk](mailto:pamwev@yahoo.co.uk))  
**Vice President:** Tiddy Yates (01844 345673)  
**Chairperson:** Martin Liggins (07736450165 / [martin.liggins@naphillridingclub.co.uk](mailto:martin.liggins@naphillridingclub.co.uk))  
**Vice Chairperson:** Kathy Bristow (07927312889 / [bristowkathryn@gmail.com](mailto:bristowkathryn@gmail.com))  
**Treasurer:** Anna Bulmer (07541 318347 / [annad1y8.bulmer@gmail.com](mailto:annad1y8.bulmer@gmail.com))  
**Club Secretary:** Alison Stenning (07831 453166 / [ali.ste@icloud.com](mailto:ali.ste@icloud.com))  
**Social Secretary:** Alison Stenning & Sharon Richards  
**Horse Agility Co-Coordinator:** Sharon Richards ([equestrian@winux.freemove.co.uk](mailto:equestrian@winux.freemove.co.uk))  
**Minutes Secretary:** Eileen McAdam (07557 522256 / [eileenmcadam@btinternet.com](mailto:eileenmcadam@btinternet.com))  
**Membership Secretary:** Karlyn Hume (07541 318347 / [karlyn.hume@hotmail.co.uk](mailto:karlyn.hume@hotmail.co.uk))  
**Trail Rides:** Janet Bayley (01865 875135 / [alan@cbayley.freemove.co.uk](mailto:alan@cbayley.freemove.co.uk))  
**Training:** Janet Bayley/ Eileen McAdam/Merryn Polley (Horse Trials all levels) 07541318347 / [merrynp01@gmail.com](mailto:merrynp01@gmail.com))  
**Newsletter/Events Reminder:** Kathy Bristow  
**Facebook/Website:** Martin Liggins / Kathy Bristow  
**Sommerholder Points:** Tiddy Yates  
**Cups & Trophies:** Jo Cheese (07762 345497 / [cheespritt@aol.com](mailto:cheespritt@aol.com))  
**Team Manager/Liaison:** Carole Dandy (01628 530952 / [carole.dandy@hotmail.co.uk](mailto:carole.dandy@hotmail.co.uk))  
**Teams Co-ordinators:** Merryn Polley, Steph Reclik & Carolyn van Vlijmen  
**Rosettes, Dressage & Members Showing Shows:** Lyn Shew (07802 907377 / [lynshew@yahoo.com](mailto:lynshew@yahoo.com))

### Non Committee Members:

**Bridleways Coordinator:** Debra Dobson ([Deborah.dobson@naphillridingclub.co.uk](mailto:Deborah.dobson@naphillridingclub.co.uk))  
**Catering:** Jenny Bowie (07771 602144 / [jennyb2801@btinternet.com](mailto:jennyb2801@btinternet.com))  
**Organising Helpers:** Renita Brady & Vivienne Gaulter-Carter  
**Facebook:** Ingrid Allen

**Naphill Riding Club Mobile Number: 07541 318347 – this number is used during our main events and team events in particular. Continue to use the organisers numbers for other events, especially training.**

## HELPERS UPDATE

Huge thanks goes to all those who continue to help at our events. Please continue to offer your support, it really is much appreciated by all of the committee and those who take part in our events.



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## PAST EVENTS

**Sunday 19<sup>th</sup> March 2017 - Area 6 Combined training team at Rosehill**

*Report by Tracey Fleming*

I was delighted as always to be part of a Naphill Team at an event and the Spring combined training at Rosehill was one I was eagerly looking forward to. Each year I set myself a personal goal to improve on our previous performance, so I opted to enter the Novice/85cm class this time. We volunteered for the grass dressage arena, the going was perfect and Joe achieved a reasonable score to take forward to show jumping. The course flowed nicely and he felt amazing ..... not having much show jumping experience and being quite a large horse, we always need to use every inch of the arena to give him the best chance. I was thrilled with a clear round and to discover all our fellow team members jumped clear too. We all produced solid dressage tests and finished with some good individual placings and a team 7th. Thank you again to Carole Dandy for organising, Alison Adcock for being our helper and, of course, Jenny Bowie for cake. Go Team Naphill!!



**Here are some of our members enjoying their riding with Naphill:**

Natalie White and Kinna enjoying their jump training at Cherwell with Fred Hodges



Eileen McAdam and Buzz competing for the NRC team at the Combined Training at Rosehill



Steph Reclik and Rio competing for NRC at the Combined Training at Rosehill



Ingrid Allen and Henry enjoying the Horse Agility at Kensham



## Tamsin Addison Training at Radnage House

*A report by Kathy Bristow*

I have been attending all the training sessions Janet Bayley has organised with Tamsin Addison at Radnage House and my dancey prancey trotting horse has come on in leaps and bounds. Tamsin has a fantastic way of quickly sussing out you and your horse's strengths and weaknesses and is brilliant at getting across what you need to do to improve. Rocky's canter is amazingly almost normal now and I am getting consistent marks for it in my dressage. Whilst I am getting a lot out of the flatwork with Tamsin she is equally good at showjump training and lots of the braver members do this in her beautiful large outdoor arena. Her facilities are lovely and we are able to use her indoor arena if the weather isn't suitable.



## FUTURE EVENTS

### Sunday 23<sup>rd</sup> April 2017 – Cross Country Schooling with Natalie Hudson (BHSAI) @ Snowball Farm

Cross country jumping for anyone wanting to jump 70cm upwards on the cross country course. This is a one off opportunity to school on the course being used for the Area Horse Trials on the 28<sup>th</sup> May. Natalie Hudson is a freelance riding instructor working with all ages and abilities. She specialises in nervous clients. She has been teaching for 15 years and eventing for 14, from Intro to CCI\*\* level.

Cost: £50 per person including course hire.



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If you are interested in taking part please contact Merryn Polley ([merrynp01@gmail.com](mailto:merrynp01@gmail.com)).

## **Thursday 4<sup>th</sup> May BRC Area 6 Confidence Building Training**

FREE for All Area 6 Riding Club Members from Area 6 Grant  
(Spaces may be limited) so please let Eira know asap if you would like a space.  
Eira: 07798905884 eira.tonkings@btinternet.com

Discover the power of your mind with Gill Garside at Why Can't I Do That? Increase the trust and understanding with your horse. Gill is a coach and therapist helping her clients to make changes and assisting personal development. She uses her skills with hypnosis and intuitive communication therapies from her Master Practitioner Certification in NLP and Hypnosis. She has been working with horse riders and handlers and other sports people since 2013. See her website [www.whycantidothat.net](http://www.whycantidothat.net). Gill runs interactive, instructive and fun sessions to increase confidence, positivity and energy to build trust and understanding with your horse. Our workshops help riders to:

- relax
- master nervousness
- prepare for a competition
- hack out with confidence
- plan goals and achieve them
- use their intuition and trust it
- work more closely with their horse

See NRC website Events page for more details.

## **Saturday 6<sup>th</sup> May 2017 – Mini Bus Badminton Horse Trials Trip**

There are still 4 places available.....

Mini bus trip to Badminton Horse Trials to see the amazing cross country and enjoy some brilliant shopping. The cost will be £38 inclusive for members, the club have subsidised £5 per member. Non members £5 extra. We will aim to start the journey at 8am and I will try to pick up on route to suit everyone. We will have a full day and aim to get back to the mini bus at 5-30 when all cross country has finished. For more information, please contact Alison Stenning 07831453166 / [ali.ste@icloud.com](mailto:ali.ste@icloud.com).

## **Sunday 7<sup>th</sup> May 2017 – Bluebell Charity Trail Ride in aid of Children with Spinal & Brain Tumours (Friends of O.S.C.A.R.)**

Charity no: 1115377 / web site: <http://www.friendsofscar.org.uk/>

From Ewelme Down Farm, Ewelme Wallingford, Oxon, OX10 6PQ, by kind permission of the Landowner, Rachel Wallis.

Start time 10.00 onwards . .

Entry: £15

Two Chiltern woodland rides are being organized with spectacular views of the South Berkshire Downs and the Stonor Valley and especially beautiful with the bluebells will be in full bloom!

The 6 mile will marked and be run as a pleasure ride and the 13 mile route will be run as competitive Trail Ride (Naphill RC members will gain Sommerhalder points).



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Refreshments will be provided at the end of the ride and Jenny's cakes are not to be missed!!  
Rosettes will be awarded to competitors completing the trail in the optimum time 4.4 mph to 7.5mph.  
If you wish to receive your map/talk round a couple of days before the ride please enclose a 1st class S.A.E. with your booking slip. (Maps are not available via e-mail attachment.)  
Please complete the Booking Slip & Gift Aid Form ... Thank you  
Contact : Janet Bayley 37 Acremead Road Wheatley Oxfordshire OX33 1NZ Tel: 01865 875135 / 07889908250  
Email: [mail@janetbayley.com](mailto:mail@janetbayley.com)

## **Sunday 14<sup>th</sup> May - Training with Liz Neale (venue TBC)**

Jackie Edwards is organising some training sessions with Liz, if you are interested please contact Jackie on [jackiemedwards@gotadsl.co.uk](mailto:jackiemedwards@gotadsl.co.uk) / 01494 488356 and she will try to accommodate other dates to suit.

## **Sunday 30<sup>th</sup> July 2017 - Naphill Riding Club Open Horse and Dog Show @ West Wycombe**

Once again, we are holding an Open Horse and Dog Show at West Wycombe. It is being held on Sunday 30<sup>th</sup> July. In response to many requests we have decided to hold it on a Sunday and this was the earliest Sunday we could book the showground. Our grateful thanks to Sir Edward Dashwood for yet again allowing us the use of the field. The schedule is 'work in progress' at the moment but we are hoping to have some working hunter classes and clear round jumping *provided* we can secure enough sponsorship to cover the costs. The Dog Show was a great success last year and will be run along the same format this year. We shall be looking for helpers the day before for setting up and on the day of the show. Jenny Bowie will be there to make sure the judges and helpers are well catered for and helpers' vouchers will be offered.

Please get in touch with Val Firth ([the.firths@btinternet.com](mailto:the.firths@btinternet.com)) if you are interested in helping and Tiddy Yates ([tiddy@yatesfamily.co.uk](mailto:tiddy@yatesfamily.co.uk)) if you would like to advertise in the schedule or sponsor a class at very reasonable rates.

## **Team Events**

Are you interested in riding for the club in either of the following team events? Please note that all riders need to be fully registered and paid up members of Naphill Riding Club for 2017. Please contact Carole Dandy on 01628 530952 / [carole.dandy@hotmail.co.uk](mailto:carole.dandy@hotmail.co.uk), address for vaccination certificates is Gables, 129 Heath End Road, Flackwell Heath, High Wycombe, Bucks, HP10 9ES

**Vaccinations:** All horses competing for the club need to have an up to date vaccination record. Please use the Excel Flu Vac checker attached to check your horse is eligible, or email/post me a copy of your vaccination record and I can do it for you. Vaccinations must not have been given in the 7 days preceding the competition.

**Hats:** Will need to conform to current standards – please check the document attached for hats which are acceptable, or check with me if you're not sure as hats that only conform to EN1384 are no longer accepted by BRC. These will need to be tagged before riding with a new orange tag for 2017.



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## NEWS/ARTICLES

### **Bradenham Wood Trails**

Are you looking for somewhere different to ride off road?

Why not try the beautiful Bradenham Woods near Princes Risborough?

Licence runs from March to March and administered by NRC on behalf of the National Trust.

It costs a mere £10 a year (£20 for a family) and a one off payment for new members of £4.00 for administration charges. The going is lovely and of course no traffic to worry about.

Please take a look at the NRC website home page where you will find all the details and the Application/Licence forms.

Eileen McAdam

### **Trainer Information**

#### **Sandra Barr – Various Venues**

Sandra runs her own training sessions each month at both Widmer and a new indoor arena in Kingsey

Contact: Sandra Barr 07976 320608 or see her Facebook page

#### **Susie Pilbeam – Various Venues**

Susie runs her own training sessions for flatwork & jumping regularly at Attington Stud, Tetsworth and Chequers, Cadmore End

Contact: Susie Pilbeam 07789 713917, [www.susiepilbeam.com](http://www.susiepilbeam.com) or see her Facebook page

#### **Bella Tschaikowsky – Cossack Event Yard, Manor Farm, Marsworth, Tring HP23 4NA**

Training sessions held for flatwork & jumping

Contact: Bella Tschaikowsky 07879 880518, [tschaikowsky@btinternet.com](mailto:tschaikowsky@btinternet.com)

#### **Nat Hudson – Various Venues**

Contact details are 07951 066868 and Nat Hudson Eventing on Facebook

#### **Clare Porz – Various Venues**

Contact Clare via her Facebook page Clare Porz Dressage or 07985 735558

#### **Tamsin Addison – Radnage House**

Training sessions held for flatwork & jumping in both Tamsin's indoor or outdoor arenas

Contact Janet Bayley 07889908250 or Lyn Shew 07802907377

#### **Fred Hodges**

Fred has competed in eventing up to 2\* level and in advanced dressage. He is a British Horse Society senior assessor and a trainee dressage judge for British Dressage